Encouragement from the LORD

The Bible is a book of encouragement. It is full of the power of the Holy Spirit to make a direct hit on our hearts. The LORD will not leave us alone. God knows we need help and he will target our hearts. The LORD will live up to his name and lift us up to the heights of his glory just when we may feel we are in the depths of despair. One source of help is found in the Psalms.

There are 150 Psalms preserved in God's Word for us that are there for the picking. We pick - God harvests. He will harvest the blessing of encouragement from soil in our hearts labeled: "Impossible." God's Word is the Sword of the Spirit to penetrate the deepest part of our souls. As we gain new strength and power to live for him, he will then use us to help others.

Psalm 121 is called a Psalm of Ascents. It is one of those precious psalms that is designed to lift us up to the heights. "Gee, how can that happen when I feel so low?" That being said (or thought) we then go to the holy arsenal of God's Word. We select out the perfect weapon to engage in our spiritual battle. We take a few swipes at the enemy of our souls and find, that soon, all is well. We praise God for the blessing of the miracle of encouragement. Then we may pray that, by God's grace, the blessing will spread to others.

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**Psalm 121**

1-2 The LORD helps us

Exodus 3:14

Genesis 1:1; 2:4,9, 5-17

3-4 The LORD keeps us

Matthew 7:24-27

1 Corinthians 10:4

Numbers 6:22-27

5-6 The LORD protects us

1 John 1:5

7-8 The LORD preserves us

Psalm 139

Matthew 28:20

Jude 24-25